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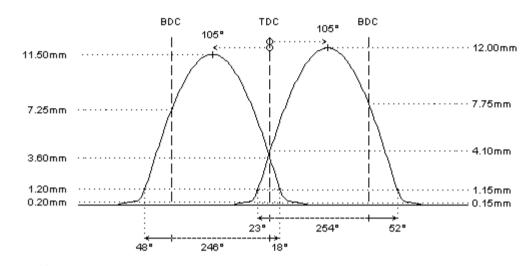
tarmac rally - race

Rover K series

I-4cyl 1.6L 16v DOHC (DTH/DTH)



	intake	exhaust
camshaft data:		
lash ramp	: 0.20mm	0.20mm
duration @ 0.1mm	: 280°	278°
duration @ 1.0mm	: 254°	246°
valve lift	: 12.00mm	11.50mm
cam lift	:	
lobe angle	: 105°	105°
timing @ 1.0mm	: 22° / 52°	48° / 18°
valve lift @ TDC	: 4.10mm	3.60mm
parts setup: cam wheels: follower valve lash valve valve locks upper retainer lower retainer exterior spring interior spring	: CC042 : TS101 : O.E.M. : O.E.M. : O.E.M. : O.E.M. : PAC-S90015	: CC042 : TS101 : O.E.M. : O.E.M. : O.E.M. : O.E.M.
fitted load / length max. load / lift	: 31kg @ 37.5mm : 79kg @ 12.5mm	



REMARKS:

- # FOR COMPETITION APPLICATIONS ONLY. Following details must be verified:
 - the camshafs must turn smooth in the cylinderhead, provide free travel by machining where needed
 - distance between valve seal and retainer at full lift must be 0.6mm at least
 - minimum valve spring travel of 1.0mm at full lift must be provided
 - distance between valve and piston 1.0mm (pref. 1.5mm). check 5-15° before TDC on exhaust, and after TDC on intake
- # ONLY for use in competition engines with independent engine management (throttle position sensor) or carburettors

REMARKS: