

# 5500320

sport

Renault C1J.782 / 784 / 788

I-4cyl 1.4L 8v OHV (FT/FT)



**intake**                      **exhaust**

**camshaft data:**

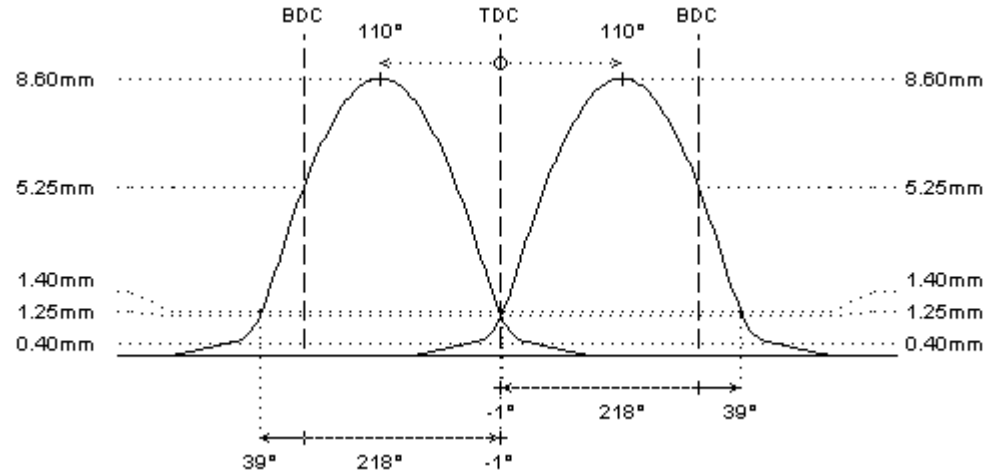
lash ramp	: 0.35mm	0.35mm
duration @ 0.1mm	: 266°	266°
duration @ 1.0mm	: 218°	218°
valve lift	: 8.60mm	8.60mm
cam lift	: 5.75mm	5.75mm
lobe angle	: 110°	110°
timing @ 1.0mm	: -1° / 39°	39° / -1°
valve lift @ TDC	: 1.25mm	1.25mm

**parts setup:**

cam wheels :	:	:
follower	: O.E.M.	: O.E.M.
valve lash	: O.E.M.	: O.E.M.
valve	: O.E.M.	: O.E.M.
valve locks	: O.E.M.	: O.E.M.
upper retainer	: O.E.M.	: O.E.M.
lower retainer	: O.E.M.	: O.E.M.
exterior spring	: O.E.M.	: O.E.M.
interior spring	:	:

fitted load / length	: 25kg @ 31.0mm	: 22kg @ 32.0mm
max. load / lift	: 62kg @ 9.0mm	: 60kg @ 9.0mm

**REMARKS :**



**REMARKS :**

- # - cam lobe sequence: **E-E-E-E**
- total length: **384mm**
- single chain
- journal diameters: 37.94 - 37.94 - 37.94 - **37.94mm**
- available in chilled cast iron only